

President: Frank Schneider Secretary: Carrie Herrmann **Treasurer: Ian Addington** SGT-at-Arms: Shawn Carroll P. Elect: Peter Weickgenannt



Mondays 12 pm at the Hilton 7373 Turfway Rd, Florence KY **Box 6027 Florence KY 41022** District 6740 859-334-0157



9-Sep

TODAY'S SCHEDULE, SEPTEMBER 9TH, 2019

11:45 Buffet Opens (\$14 for Buffet, Coffee, Tea, & Dessert)

12:15 President Frank Schneider Presiding

Team 5 Greeting, Prayer, Pledge and 4Way Test

12:30 US Postal Inspector, Chris White (Arnold)

1:00 Meeting Adjourned



PROGRAMS

SEPTEMBER			ILAM
	16	Health and Family Services, Kim Moser (Schickel)	6
	23	Connection between Polio and Cincinnati, Leon Hirsch, PDG (Schneider)	7
OCTOBER TEAM			
	1	Interclub Rotary Meeting (OFFSITE: Radisson 668 W 5th St, Covington)	8
	7	NKU basketball coach <u>Darrin Horn (Salyers</u>)	9
	14	Columbus Day - No Meeting	
	21	State of Boone County, Judge Moore (Froelicher)	1
	28	City of Florence, Mayor Whalen (Froelicher). OFFSITE: Florence Nature Pa	rk
		7200 Nature Park Drive, Florence.	2
	NOVEMBER TEA		TEAM
	4	Tri State Honor Flight Cheryl Popp (Froelicher)	3
	11	75th Club Anniversary, Gray Griesser (Stewart)	4

People of Action

SEP9 11am—NEW MEMBER ORIENTATION in Florence Boardroom (Frank & Will).

OCT 1 11:30am-1:30pm INTERCLUB ROTARY MEETING (Radisson 668 W 5th St, Covington, KY 41011). We are merging our club's meeting that week with the Covington club as they host the Russian Delegation.

OCT 4 GOLF OUTING: Our 22nd Annual Florence Rotary Golf Outing on Friday 10/4 at the Hickory Sticks Golf Course. Supports our Scholarship Fund. Call Shawn C. 859-344-9322, Chip R. 859-689-1350, Randy O. 859-261-2400, or Billy S. 859-426-2285

OCT 10 ROTARY SUMMIT in Fort Wayne, Indiana being held October 10-13, 2019. To join 2 ZONES, 13 STATES, 31 DISTRICTS for 1 GREAT TIME Click here.

OCT24 ANNUAL PAUL HARRIS DINNER @ Triple Crown Country Club. It is on a Thursday, which as it happens is also World Polio Day. Mark your calendars NOW!

MAR 14 NKY INT. FESTIVAL N.K. Convention Center 1 W Rivercenter Blvd, Covington, KY

* 4 PRESIDENTIAL INITIATIVES: (1) GROW +20 (2) RAISE 20K

(3) DEV. 20K (4) DIVERSITY

- * OUR MEAL SPONSOR BUTTONS (MSB). PLEASE REVIEW ALL AD BUTTONS FOR EDITS.
 - * The new MSB is \$100/quarter & is weekly.
 - * The regular buttons is \$100/year & remains every 3rd week.
- * ROTARY BUSINESS CARD: Rotary is fun! Please invite new members to join! Tell them about our great programs and how Rotary has changed you for the better.
- OUR 3RD QUARTER COMMUNITY SERVICE PARTNER: Master Provisions and Rob's Kids are the 3Qr CSP's. Rob's Kids accepts donations of new games (Monopoly, Clue, Apples to Apples, Battleship, Life, Jenga, Yahtzee, Sequence, Rummy Cub, Hedbanz, Doodle Dice, Scrabble, Othello). A volunteer opportunity at MP is second Saturday of August or September from 9-noon at 7725 Foundation Dr. Florence or the last Saturday of July, August, and September at St E Hospital, Covington, or Ludlow Vets from 8:30-11:15. This is MP's Silver Anniversary and we have Offering Bottles that can be filled with coins anytime in 2019. Please contact Roger to receive a bottle.



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Griesser, Gary Chisenhall, Rhonda 9-Sep Harrison, David 13-Sep **GILLILAND. WILI** 25-Sep Steffen, Arden 26-Sep Deatherage, H.B. 27-Sep

Frank Schneider GATEWAY REHABILITATION HOSPITAL 513-781-8940

Jim Ferguson 859-907-5466

Billy Santos 859.372.5175 Frank Schneider Florence Rotary resident

513-781-8940



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UDGE EXECUTIVE 859.334.2242

Gary Moore



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End Polio Now Our Orientation Manual

Membership Proposal Form Advertise with us

We're on Facebook

1/19	RI Assembly, San Diego, CA
3/14	NKY International Festival (need 30 volun- teers and all to attend)
6/ 6-10	RI Convention, Honolulu





MK I INTERNATIONAL ES

Vaping Is LiveWell Florence Battle Front

Written By: Patrick Moynahan on August 23, 2019

The latest battlefront for opponents of tobacco use in Northern Kentucky is vaping.

LiveWell Florence, a community health coalition, has begun to target e-cigarettes, electronic devices that vaporize a liquid mixture for the user to inhale. Many of the mixtures contain nicotine, some in higher amounts that tobacco cigarettes, according to the American Lung Association.

"We are appalled at the rapid rate of increase in vaping in our high schools and middle schools," said Mary Price, co-chair of the LiveWell Florence steering committee. She told members of the Rotary Club of Florence at a recent meeting that students don't realize the dangers.

"They can get addicted fast," she said. "They don't realize that within a week, two weeks, they are addicted."

LiveWell Florence grew out of the 2016-2020 Community Health Improvement Plan for Northern Kentucky. A group of citizen volunteers created LiveWell Florence to drive initiatives to promote tobacco-free public spaces, walkable communities and healthy eating.

The group won a \$100,00 grant in 2018 to advocates for smoke-free city policies. They also supported legislation in the 2019 Kentucky General Assembly that made public schools tobacco-free. In the future, LiveWell Florence hopes to provide free NRT (nicotine replacement treatment) for people who want to kick the smoking habit, according to Price.

Combatting vaping now is a greater challenge than combustible tobacco, she said. LiveWell Florence is working with Boone County Schools to develop awareness programs and "quit classes" for students.



"Unfortunately, there is not a lot of research on what works in people that young," Price said. "We are trying to figure that out as we go."

LiveWell Florence figured out how to improve healthy eating with help from Florence Christian Church, the FreeStore Foodbank and Kroger. The church provides space for a monthly food distribution program and Kroger donated fruits and vegetables.

The partnership makes it possible "to provide healthy produce to people who otherwise might not be able to afford it or access it," Price said.

To improve physical activity, LiveWell Florence has created three neighborhood walking routes in the city to date. The organization also purchased a "spin art bike," which enables youngsters to create an art project while pedaling, to use at community events to promote increased physical activity.

LiveWell Florence collaborates with the Northern Kentucky Health Department, St. Elizabeth Health Care and the Center for Great Neighborhoods in implementing goals of the community health plan.





